Sponsored by the Kansas Responsible Gambling Alliance

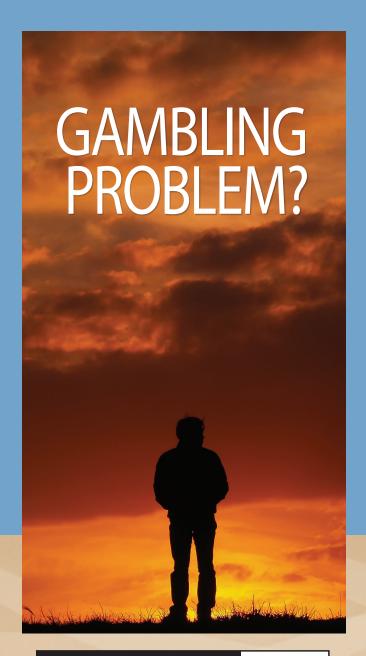


Kansas Responsible Gambling Alliance Members

Kansas Department for Aging and Disability Services
Kansas Racing & Gaming Commission
Kansas Coalition on Problem Gambling
Kansas Department of Corrections
Boot Hill Casino & Resort in Dodge City
Hollywood Casino at Kansas Speedway
Kansas Star Casino in Mulvane
Ford County Community Representative
Wyandotte County Community Representative
Sumner County Community Representative

Kansas Problem Gambling Help Line

800.522.4700 ksgamblinghelp.com



Getting Help is your Best Bet.

800.522.4700 ksgamblinghelp.com

Funded by the Kansas Problem Gambling and Addictions Grant Fund

Call the confidential toll-free Problem Gambling Help Line. Available 24 hours a day.

For most, gambling is fun and can be an enjoyable form of entertainment. Gambling activities include things like:

- Slot machines and casino games
- Lottery or scratch-off tickets
- Sports betting
- Cards and dice games
- On-line or internet gambling
- · Car, dog or horse races, or
- Office pools

However, when gambling is out of control and the game is no longer about winning but about having enough money to keep playing, it can lead to serious consequences.

Problem gambling can result in:

- Financial debt
- Damaged relationships
- Job loss
- Loss of self-respect
- Involvement in criminal activity
- Depression and even suicide

Gambling can become a problem for anyone and the impact can be far reaching, but help is available.

Asking for help is the first step.

This step does not have to be taken alone.

Professionals are available to help and can answer your questions 24 hours a day.

NO OUT-OF-POCKET COST treatment is available.

If you or someone you know has a gambling problem, make the call 800.522.4700.

Getting Help is your Best Bet.

If gambling just isn't fun anymore ask yourself the following questions: *

- 1. Did you ever lose time from work or school due to gambling?
- 2. Has gambling ever made your home life unhappy?
- 3. Did gambling affect your reputation?
- 4. Have you ever felt remorse after gambling?
- 5. Did you ever gamble to get money with which to pay debts or otherwise solve financial difficulties?
- 6. Did gambling cause a decrease in your ambition or efficiency?
- 7. After losing did you feel you must return as soon as possible and win back your losses?
- 8. After a win did you have a strong urge to return and win more?
- 9. Did you often gamble until your last dollar was gone?
- 10. Did you ever borrow to finance your gambling?
- 11. Have you ever sold anything to finance gambling?
- 12. Were you reluctant to use "gambling money" for normal expenditures?
- 13. Did gambling make you careless of the welfare of yourself or your family?
- 14. Did you ever gamble longer than you had planned?
- 15. Have you ever gambled to escape worry, trouble, boredom or loneliness?
- 16. Have you ever committed, or considered committing, an illegal act to finance gambling?
- 17. Did gambling cause you to have difficulty in sleeping?
- 18. Do arguments, disappointments or frustrations create within you an urge to gamble?
- 19. Did you ever have an urge to celebrate any good fortune by a few hours of gambling?
- 20. Have you ever considered self destruction or suicide as a result of your gambling?

If you answered YES to at least seven (7) of the above questions, you may have a gambling problem.

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